

# **Bipolar Disorder in the Black Community**

## June 3, 2021 | Health Equity Webinar Series

### **DETAILS & LOGISTICS**

**Time:** 12:00pm—1:00pm EDT

**Where:** Virtual (Adobe Connect webinar)

#### COURSE DESCRIPTION

Bipolar disorder can be a severe mental illness that has forensic, community, and psychosocial implications for African Americans. It is also a major risk factor for suicide and drug abuse. The need for intensive treatment services is essential despite recent advances that have greatly improved outcomes. This webinar will explore the complexities of accurately identifying and diagnosing bipolar disorder, discuss pharmacological and non-pharmacological interventions, and examine the co-occurrence of bipolar and substance use disorders.

#### **OBJECTIVES**

- Discuss the problem of misdiagnosis in diverse racial and ethnic groups
- Explain the differences between bipolar disorder, schizophrenia, schizoaffective disorder, and depression
- List the non-pharmacological evidence-based interventions for bipolar disorder
- Explain the different types of pharmacological interventions and why polypharmacy is the rule
- Describe the role of substance use disorder comorbidity

## WHO SHOULD ATTEND?

Mental health professionals, behavioral health professionals, and the general public

#### SPEAKER:



William B. Lawson, M.D., Ph.D., D.L.F.A.P.A. is Founder and Director of the Institute to Reduce Disparities LLC, Director of Psychiatric Research for the Emerson Clinical Research Institute and Adjunct Professor of Psychiatry at the University of Maryland

School of Medicine. He is emeritus professor of psychiatry, at the Dell Medical School, University of Texas, Austin, and emeritus professor and formerly chair of psychiatry and behavioral sciences at Howard University School of Medicine. He received a Ph.D. in Psychology from the University of New Hampshire and M.D. from the Pritzker School of Medicine University of Chicago, did his residency at Stanford University and a fellowship at the National Institute of Mental Health. He has held faculty positions at the University of Illinois, Urbana, University of California, Irvine, Vanderbilt University, University of Arkansas, and Howard University. He has held numerous senior positions and received national recognition including past President of the DC Chapter of Mental Health America, Past President of the Washington Psychiatric Society, past Chair of the Section of Psychiatry and Behavioral Sciences of the National Medical Association, and past president of the Black Psychiatrists of America. He has received several honors, including the American Psychiatric Foundation Award for Advancing Minority Mental Health, and the National Alliance on Mental Illness Exemplary Psychiatrist Award. He has over 200 publications, and is the former editor in chief of the Journal of the National Medical Association.



HOST: Annelle Primm, M.D., MPH is the Senior Medical Director of the Steve Fund, an organization focused on the mental health of young people of color. She is also a member of the Black Psychiatrists of America Council of Elders.

Registration questions, training@danyainstitute.org 240-645-1145

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