



## Psychosis and Resilience

March 2, 2022

### DETAILS & LOGISTICS

**Time:** 11:00am—12:30pm EST  
**Where:** Virtual (Zoom webinar)

### COURSE DESCRIPTION

Resilience is a multidimensional concept and dynamic process that can help an individual cope with adversity and engage in the mental health recovery process. Definitions and conceptualizations of "resilience", however, are not without issue and it is imperative to recognize that resilience involves personal, external/structural, and other influences. Resilience work has grown in the psychosis field (e.g., people diagnosed with, or at risk for, schizophrenia-spectrum disorders) – with goals of helping individuals cope with distressing mental health experiences, stigma, etc.-- and this webinar will cover some of the recent advances in this field, including recommendations related to direct clinical care, provider burnout, advocacy, and research.

### OBJECTIVES

- Define psychosis and resilience
- Identify opportunities to infuse resilience in psychosis advocacy, research, and services
- Critique the concept of "resilience" as it relates to psychosis and mental health work

### SPEAKER



**Joseph DeLuca, Ph.D.**, is an NIMH-T32 Postdoctoral Fellow at the Icahn School of Medicine at Mount Sinai in New York City, specializing in psychosis-risk and the early stages of psychosis. He earned his Ph.D. in Clinical Psychology

at the City University of New York Graduate Center and completed his predoctoral internship at the University of Maryland School of Medicine. Dr. DeLuca's research and clinical interests include screening and treatment for psychosis-spectrum symptoms, particularly with youth and families, as well as stigma, the role of culture and context in psychosis, and the intersection of mental illness and the criminal justice system.

### WHO SHOULD ATTEND?

Mental health professionals, mental health advocates, mental health graduate students, people with lived mental health experience, and others who work with/on behalf of youth diagnosed with mental illness

### SAVE THE DATE

Join us on April 6, 2022 for Dr. DeLuca's next webinar, "Youth Mental Health Stigma," 11:00am—12:30pm EDT

Registration questions, [Training@danyainstitute.org](mailto:Training@danyainstitute.org)

**[REGISTER NOW](#)**