



National Hispanic and Latino

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

School Mental Health Program



Mission

Our mission is to provide high-quality training and technical assistance to improve the capacity of the workforce serving Hispanic and Latino communities in behavioral health prevention, treatment, and recovery. We disseminate and support the implementation of evidence-based and promising practices to enhance service delivery, promote the growth of a diverse, culturally competent workforce, and bridge access to quality behavioral health services. We are committed to increasing health equity and access to effective culturally and linguistically grounded approaches.

Role of the National Hispanic and Latino MHTTC

Serve as a key subject matter expert and resource for the mental health and school mental health workforce across the U.S. and its territories to ensure:

- High-quality services;
- Effective mental health treatment;
- Recovery support services;
- and Implementation of evidence-based and promising practices.

Our goal:

**Help reduce health disparities among
Hispanics and Latino experiencing
mental disorders.**

Who we Serve:

We aim to provide services for:

- Students
- Teachers
- Parents
- Counselors
- Behavioral health specialist
- Community-based organizations
- School districts
- Migrant Education Programs

Services we Offer

- Needs assessment
- Product development
- Training
- Technical Assistance
- Symposium
- Conferences



Technical Assistance Topics:

The topics below are examples of technical assistance we have provided for the school community and community-based organizations serving Hispanic and Latino students.

- Anger management and challenging behaviors
- Managing substance use and risky behaviors
- Anxiety and Depression
- Mental health awareness and promotion
- Suicide/Self-harm prevention and treatment
- Cultural elements for serving Hispanic and Latino students
- Gender and Sexually Diverse Latinx Youth
- Trauma-informed schools
- Emotion Regulation
- Cultural & Linguistic Competency & Equity
- Engaging Hispanic and Latino students
- Grief and Loss
- Acculturative Stress
- Stress Management
- School-Based Mental Health Interventions (Tier 1/Tier 2/Tier 3)
- Latino Youth Gangs Racism, Discrimination, and Mental Health
- COVID-19 and back to school



Technical Assistance for AWARE Grantees

We also aim to provide technical assistance to AWARE grantees to implement culturally and linguistically responsive school mental health (SMH) services directed to Hispanic and Latino students and families.

- Introduce the National Hispanic and Latino MHTTC to Project AWARE grantees through scheduled office hours or other meetings, including an effort to more broadly understand how we can assist them by asking grantees to complete a brief online Needs Assessment.
- Participate in Network-wide meetings with AWARE grantees to ensure broader availability of resources targeting mental health promotion and mental health disorder identification, prevention, referral, and treatment for Hispanic and Latino students and their families.
- Collaborate/partner with Regional Centers to provide support in addressing the specific needs of school-aged Hispanic/Latino youth and their families by region, as requested.
- Collaborate/partner with Regional Centers to provide training on cultural elements of the Hispanic/Latino population and how it impacts the mental health of school-aged Hispanic/Latino youth by region, as requested.
- Collaborate/partner with Regional Centers to provide training in specific school mental health topics identified above, including stigma and trauma-informed and culturally responsive practices by region, as requested.
- Collaborate/partner with Regional Centers to provide technical assistance on the importance of connecting school-aged Hispanic/Latino youth and their families to culturally and linguistically sensitive school mental health services by region as requested.

Technical Assistance for AWARE Grantees

Please complete the brief needs assessment to help us identify specific TA or training needs regarding the Hispanic and Latino populations you are serving.



<https://www.surveymonkey.com/r/29VLYSM>



Or scan this code



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SAMHSA
Substance Abuse and Mental Health
Services Administration

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