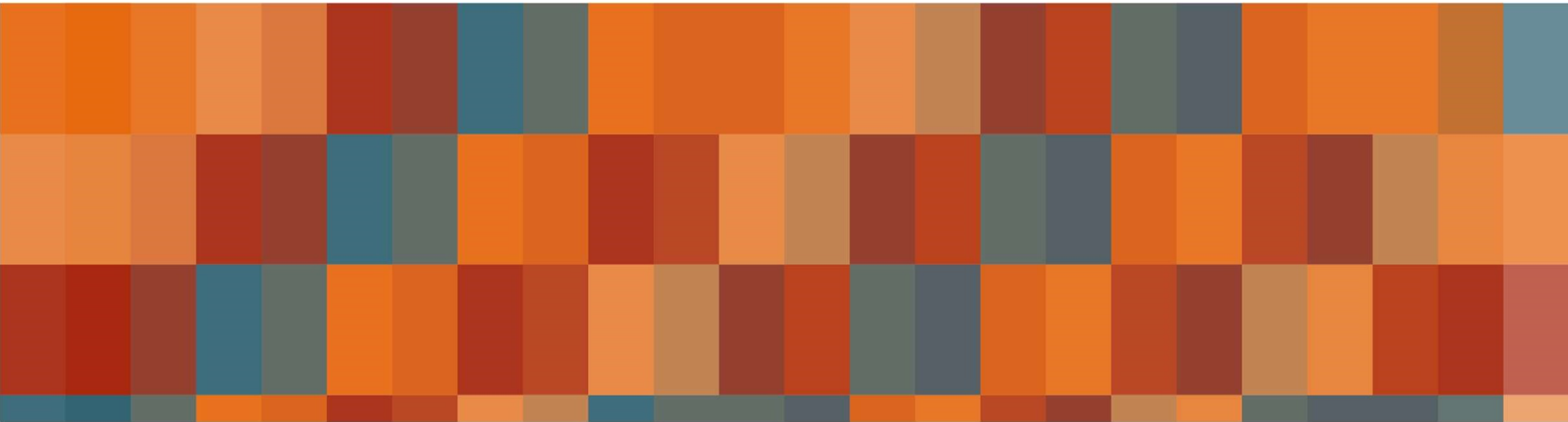


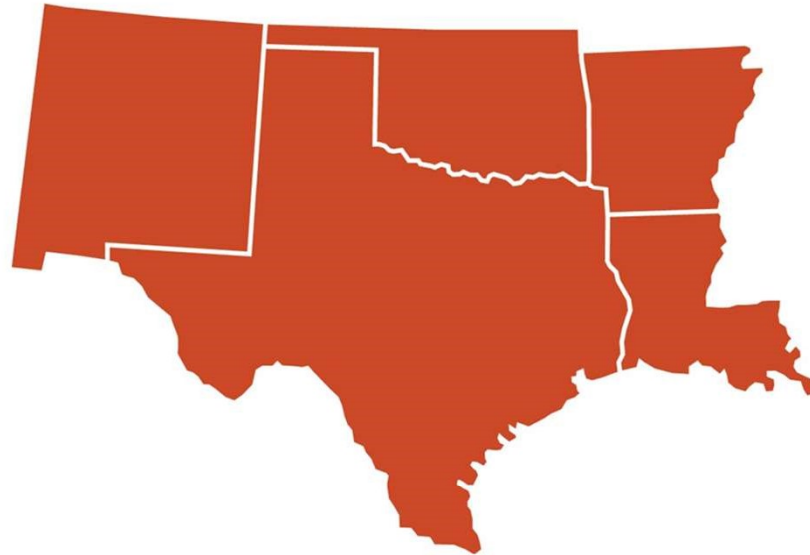
# Sharing Successes

Celebrating FEP transformation in the South  
Southwest Region





REGION 6  
South  
Southwest  
MHTTC  
University of  
Texas, Austin



 The University of Texas at Austin  
**Texas Institute for Excellence  
in Mental Health**  
*School of Social Work*

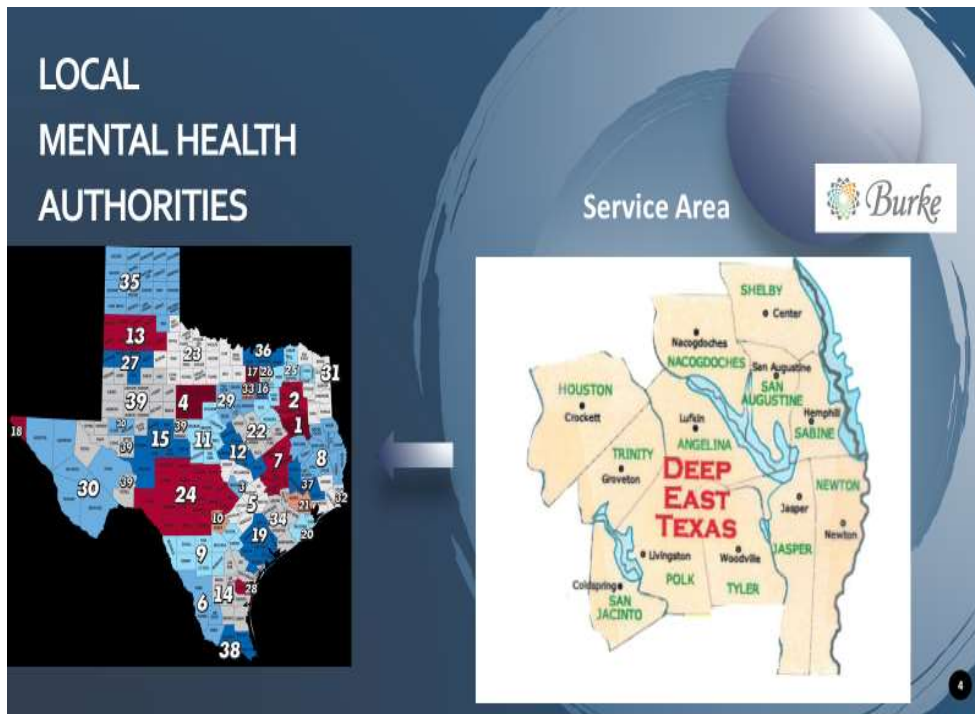
 South Southwest MHTTC  
**First Episode Psychosis  
Conference 2022**  
Re-envisioning FEP Services with Youth & Young Adults



# Burke Center (STEP)

Roger Riley, Program Lead

# Burke Center (STEP), Lufkin, Texas



# One success we would like to share is...



Specialized  
Treatment for  
Early  
Psychosis

- ✓ *Successful Implementation of 2<sup>nd</sup> STEP Team.*
- ✓ *Doubling the number of Clients to receive FEP Services in our 12 county Deep East Texas Service Area.*
- ✓ *Continue to increase Clients serviced, implement STEP/FEP Mobile Clinic, sustain funding for services and resources.*



South Southwest MHTC  
First Episode Psychosis  
Conference 2022

Services with Youth & Young Adults



# COMPASS

Emily Sanchez, Case Manager  
Delinda Reese, Certified Family Partner

# COMPASS, Denton, Texas



# One success we would like to share is...

- Our Team's ability to make connections with our Prosumers, the community, and each other!
- Connections matter because they are the building blocks of creating safety and trust, and they give meaning to our work.
- Our Team hopes for and is working towards strengthening community connections and support for FEP Prosumers so that they are more integrated, accepted, and connected to their community of choice.



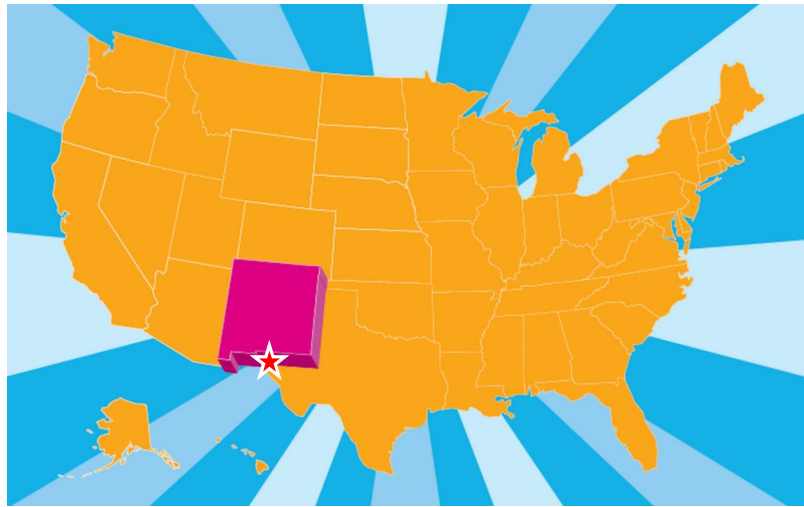




# Early First Episode Psychosis Program at University of New Mexico

Ashley Park, Program Therapist

# Early First Episode Psychosis Program, Albuquerque, NM



# One success we would like to share is...

- A client who arrived homeless and in distress has since been accepted into a transitional housing program and just got a new full time job.
- This is an important reminder to our team as well as other clients that recovery is possible with appropriate supports and that basic needs come first.
- We hope to expand CSC services in NM and to one day have our own clinical space.





# Emergency Health Network

Alejendra Cuellar, Administrative Support Supervisor  
and Outreach Coordinator

# Emergence Health Network, El Paso, TX



# One success we would like to share is...

- Our client has been successfully attending college
- Overcoming anxiety is meaningful because of the positive shift from living with anxiety as a barrier to taking on new challenges, such as school, through shared decision making and FEP team support
- Our hope and motivation for our clients with lived experience in the FEP program is to have additional, meaningful impacts such as overcoming anxiety, which can promote independence, strength, and aspiration.

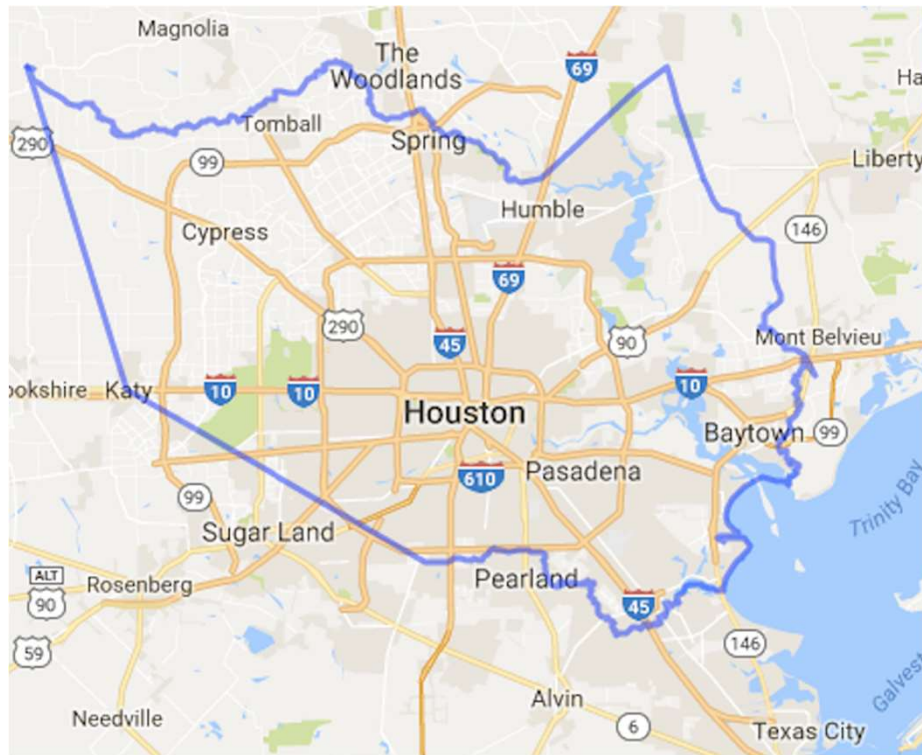




# The Harris Center

Anna Marshall, LCSW/LPHA

# The Harris Center for Mental Health and IDD, Houston/ Harris County, Texas





# One success we would like to share is...

- “I’ve reached my career goals and now I’m able to manage everyday life on my own.”
- “It’s my life! Having bipolar [and psychosis] shouldn’t mean that your life is over and I mean it doesn’t, but without the right support it can be the end.”
- “I want everyone to have access to this level of care everywhere.”



## **Wanderer above the Sea of Fog**

Painting by: Caspar David Friedrich

“There’s still so much to learn, but I feel like I’ve come out of the fog and can see things a bit more clear now. I still want to explore, and I can. I’m not done.”



# Integral Care

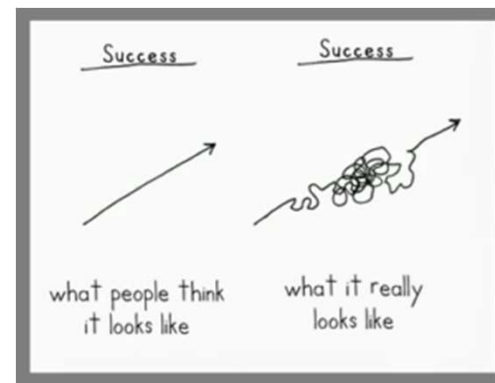
Sanjhi Gandhi, Primary Clinician

# Integral Care, Austin, Texas



# One success we would like to share is...

- Client is working full time and has showcased resilience in dealing with stressful experiences.
- It matters because this showcases that-people are not their diagnosis and experiences like this empowers individuals in their unique journey
- Our team hopes to see continued community engagement for education on FEP and the work we do.

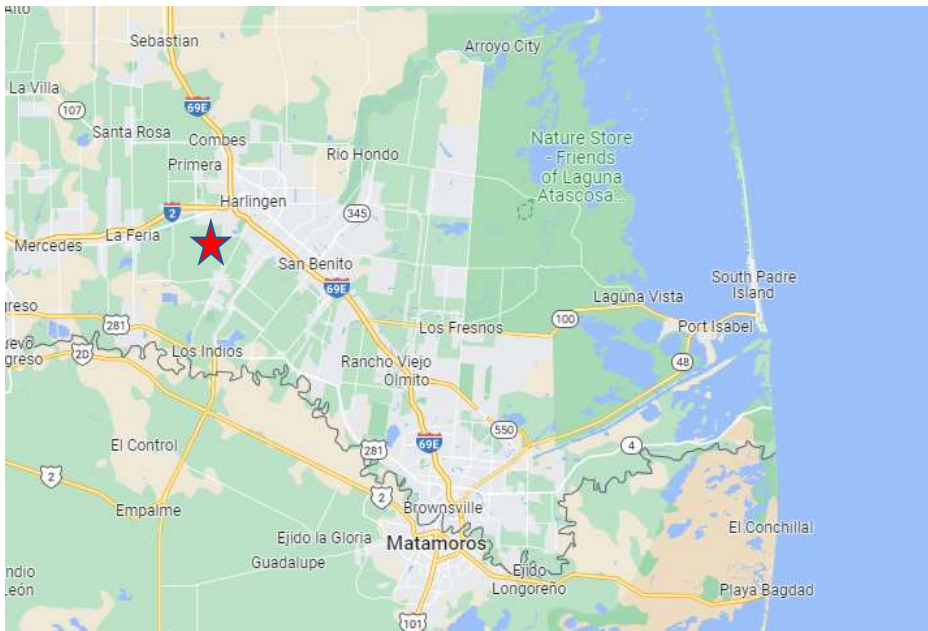




# Tropical Texas

Victoria Castaneda, Case Manager

# Tropical Texas Behavioral Health Harlingen, TX





# One success we would like to share is...

- Has been consistent with medication regimen and has been able to maintain employment.
- This success matters because the client was previously struggling in and out of homelessness due to poor relationships with family and being unable to maintain employment. Client lost motivation for employment while job seeking due to not being able to obtain replacement social security card. Client's other barriers like lacking transportation, clothing for employment, and other needs were met by FEP Team to assist client in meeting employment goals.
- Our team hopes to see our clients thrive by maintaining employment to reduce financial stress in a predominantly low income area.