|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **CSSRS - BASELINE** | | | | | | |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | Date Completed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | |  |
| **Suicidal Ideation** | | | | | |  |
| **BASELINE: Ask about LIFETIME and PAST MONTH** | | | | | |  |
| **1. Wish to be Dead -** Subject endorses thoughts about a wish to be dead or not alive anymore, or wish to fall asleep and not wake up.  ***Have you (EVER/IN THE PAST MONTH) wished you were dead or wished you could go to sleep and not wake up?* *If yes, describe*:** | | | | | |  |
| LIFETIME | | PAST MONTH | | LIFETIME | PAST MONTH |  |
|  | |  | | □ Yes □ No | □ Yes □ No |  |
| **2. Non-Specific Active Suicidal Thoughts -** General, non-specific thoughts of wanting to end one’s life/commit suicide (e.g. “I’ve thought about killing myself”) without thoughts of ways to kill oneself/associated methods, intent, or plan. ***Have you (EVER/IN THE PAST MONTH) actually had any thoughts of killing yourself? If yes, describe:*** | | | | | |  |
| LIFETIME | | PAST MONTH | | LIFETIME | PAST MONTH |  |
|  | |  | | □ Yes □ No | □ Yes □ No |  |
| **IF YES to CSSRS #1 OR #2, Continue in this section. IF NO TO BOTH, Go to Suicidal Behavior.** | | | | | |  |
| **3. Active Suicidal Ideation with Any Methods (Not Plan) without Intent to Act -** Subject endorses thoughts of suicide and has thought of at least one method during the assessment period. This is different than a specific plan with time, place or method details worked out (e.g. thought of method to kill self but not a specific plan). Includes person who would say, “I thought about taking an overdose but I never made a specific plan as to when, where or how I would actually do it…..and I would never go through with it”. ***Have you (EVER/IN THE PAST MONTH) been thinking about how you might do this? If yes, describe:*** | | | | | |  |
| LIFETIME | | PAST MONTH | | LIFETIME | PAST MONTH |  |
|  | |  | | □ Yes □ No | □ Yes □ No |  |
| **4. Active Suicidal Ideation with Some Intent to Act, without Specific Plan** – Active suicidal thoughts of killing oneself and subject reports having some intent to act on such thoughts, as opposed to “*I have the thoughts but I definitely will not do anything about them*”.  ***Have you (EVER/IN THE PAST MONTH had these thoughts and had some intention of acting on them? If yes, then describe:*** | | | | | |  |
| LIFETIME | | PAST MONTH | | LIFETIME | PAST MONTH |  |
|  | |  | | □ Yes □ No | □ Yes □ No |  |
| **5. Active Suicidal Ideation with Specific Plan and Intent -** Thoughts of killing oneself with details of plan fully or partially worked out and subject has some intent to carry it out  ***Have you (EVER/IN THE PAST MONTH) started to work out or worked out the details of how to kill yourself? Do you intend to carry out this plan? If yes, describe:*** | | | | | |  |
| LIFETIME | | PAST MONTH | | LIFETIME | PAST MONTH |  |
|  | |  | | □ Yes □ No | □ Yes □ No |  |
| **Intensity of Ideation – Rate for all levels of Ideation above** | | | | | |  |
| *The following features should be rated with respect to the most severe type of ideation (i.e., 1-2 from above, with 1 being the least severe and 5 being the most severe). Ask about time he/she was feeling the most suicidal.* | | | | | |  |
| ***Description of MOST SEVERE Ideation:*** | | | | ***Type # (1-5)*** | |  |
| LIFETIME | PAST MONTH | | | LIFETIME | PAST MONTH |  |
|  |  | | | \_\_\_\_\_ | \_\_\_\_\_ |  |
| **Frequency: *How many times have you had these thoughts?*** | | | | | |  |
| LIFETIME | PAST MONTH | | | LIFETIME | PAST MONTH |  |
| (1)Less than once a week (4) Daily or almost daily  (2) Once a week (5) Many times each day  (3) 2-5 times in a week | (1)Less than once a week (4) Daily or almost daily  (2) Once a week (5) Many times each day  (3) 2-5 times in a week | | | \_\_\_\_\_ | \_\_\_\_\_ |  |
| **Duration: *When you have the thoughts, how long do they last?*** | | | | | |  |
| LIFETIME | PAST MONTH | | | LIFETIME | PAST MONTH |  |
| (1) Fleeting - few seconds or minutes  (2) Less than 1 hour/some of the time  (3) 1-4 hours/a lot of time  (4) 4-8 hours/most of day  (5) More than 8 hours/persistent or continuous | (1) Fleeting - few seconds or minutes  (2) Less than 1 hour/some of the time  (3) 1-4 hours/a lot of time  (4) 4-8 hours/most of day  (5) More than 8 hours/persistent or continuous | | | \_\_\_\_\_ | \_\_\_\_\_ |  |
| **Controllability : *Could/can you stop thinking about killing yourself or wanting to die if you want to?*** | | | | | |  |
| LIFETIME | PAST MONTH | | | LIFETIME | PAST MONTH |  |
| (1) Easily able to control thoughts  (2) Can control thoughts with little difficulty  (3) Can control thoughts with some difficulty  (4) Can control thoughts with a lot of difficulty  (5) Unable to control thoughts  (0) Does not attempt to control thoughts | (1) Easily able to control thoughts  (2) Can control thoughts with little difficulty  (3) Can control thoughts with some difficulty  (4) Can control thoughts with a lot of difficulty  (5) Unable to control thoughts  (0) Does not attempt to control thoughts | | | \_\_\_\_\_ | \_\_\_\_\_ |  |
| **Deterrents: *Are there things - anyone or anything (e.g. family, religion, pain of death) - that stopped you from wanting to die or acting on thoughts of committing suicide?*** | | | | | |  |
| LIFETIME | PAST MONTH | | | LIFETIME | PAST MONTH |  |
| (1) Deterrents definitely stopped you from attempting suicide (2) Deterrents probably stopped you  (3) Uncertain that deterrents stopped you  (4) Deterrents most likely did not stop you  (5) Deterrents definitely did not stop you  (0) Does not apply; wish to die only | (1) Deterrents definitely stopped you from attempting suicide (2) Deterrents probably stopped you  (3) Uncertain that deterrents stopped you  (4) Deterrents most likely did not stop you  (5) Deterrents definitely did not stop you  (0) Does not apply; wish to die only | | | \_\_\_\_\_ | \_\_\_\_\_ |  |
| **Reasons for Ideation: *What sort of reasons did you have for thinking about wanting to die or killing yourself? Was it to end the pain or stop the way you were feeling (in other words, you couldn't go on living with this pain or how you were feeling) or was it to get attention, revenge or a reaction from others? Or both?*** | | | | | |  |
| LIFETIME | PAST MONTH | | | LIFETIME | PAST MONTH |  |
| (1) Completely to get attention, revenge or a reaction from others  (2) Mostly to get attention, revenge or a reaction from others  (3) Equally to get attention, revenge or a reaction from others and to end/stop the pain  (4) Mostly to end or stop the pain (you couldn't go on living with the pain or how you were feeling)  (5) Completely to end or stop the pain (you couldn't go on living with the pain or how you were feeling) | (1) Completely to get attention, revenge or a reaction from others  (2) Mostly to get attention, revenge or a reaction from others  (3) Equally to get attention, revenge or a reaction from others and to end/stop the pain  (4) Mostly to end or stop the pain (you couldn't go on living with the pain or how you were feeling)  (5) Completely to end or stop the pain (you couldn't go on living with the pain or how you were feeling) | | | \_\_\_\_\_ | \_\_\_\_\_ |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Suicidal Behavior** | | | |  |
| (Check all that apply, so long as these are separate events; must ask about all types) | | | |  |
| **Actual Attempt:** A potentially self-injurious act committed with at least some wish to die, as a result of act. Behavior was in part thought of as a method to kill oneself. Intent does not have to be 100%. If there is ***any*** intent/desire to die associated with the act, then it can be considered an actual suicide attempt. ***There does not have to be any injury or harm***, just the potential for injury or harm. If the person pulls trigger while gun is in mouth but gun is broken so no injury results, this is considered an attempt. Inferring Intent: Even if an individual denies intent/wish to die, it may be inferred clinically from the behavior or circumstances. For example, a highly lethal act that is clearly not an accident so no other intent but suicide can be inferred (e.g. gunshot to head, jumping from window of a high floor/story). Also, if someone denies intent to die, but they thought that what they did could be lethal, intent may be inferred. ***\*Have you (EVER/IN THE PAST MONTH) made a suicide attempt? \*Have you (EVER/IN THE PAST MONTH) done anything to harm yourself? \*Have you (EVER/IN THE PAST MONTH) done anything dangerous where you could've died? What did you do? Did you \_\_\_\_\_\_\_ as a way to end your life? Did you want to die (even a little) when you \_\_\_\_\_\_? Were you trying to end your life when you \_\_\_\_\_\_? Or did you think it was possible you could have died from \_\_\_\_\_\_? Or did you do it purely for other reasons/without ANY intention of killing yourself (like to relieve stress, feel better, get sympathy, or get something else to happen)?*** (Self-injurious behavior without suicidal intent) If yes, describe: | | | |  |
| LIFETIME | PAST MONTH | LIFETIME | PAST MONTH |  |
|  |  | Yes □ No □   Total # of Attempts  \_\_\_\_\_ | Yes □ No □   Total # of Attempts  \_\_\_\_\_ |  |
| **Has subject engaged in non-suicidal self-injurious behavior?** | | Yes □ No □ | Yes □ No □ |  |
| **Interrupted Attempt:** When the person is interrupted (by an outside circumstance) from starting the potentially self-injurious act *(if not for that, actual attempt would have occurred*). Overdose: Person has pills in hand but is stopped from ingesting. Once they ingest any pills, this becomes an attempt rather than an interrupted attempt. Shooting: Person has gun pointed toward self, gun is taken away by someone else, or is somehow prevented from pulling trigger. Once they pull the trigger, even if the gun fails to fire, it is an attempt. Jumping: Person is poised to jump, is grabbed and taken down from ledge. Hanging: Person has noose around neck but has not yet started to hang - is stopped from doing so. ***Has there (EVER/IN THE PAST MONTH) been a time when you started to do something to end your life but someone or something stopped you before you actually did anything? If yes, describe:*** | | | |  |
| LIFETIME | PAST MONTH | LIFETIME | PAST MONTH |  |
|  |  | Yes □ No □   Total # of Attempts  \_\_\_\_\_ | Yes □ No □   Total # of Attempts  \_\_\_\_\_ |  |
| **Aborted Attempt:** When person begins to take steps toward making a suicide attempt, but stops themselves before they actually have engaged in any self-destructive behavior. Examples are similar to interrupted attempts, except that the individual stops him/herself, instead of being stopped by someone or something else. ***Has there (EVER/IN THE PAST MONTH) been a time when you started to do something to try to end your life but you stopped yourself before you actually did anything? If yes, describe:*** | | | |  |
| LIFETIME | PAST MONTH | LIFETIME | PAST MONTH |  |
|  |  | Yes □ No □   Total # of Attempts  \_\_\_\_\_ | Yes □ No □   Total # of Attempts  \_\_\_\_\_ |  |
| **Preparatory Acts or Behavior:** Acts or preparation towards imminently making a suicide attempt. This can include anything beyond a verbalization or thought, such as assembling a specific method (e.g. buying pills, purchasing gun) or preparing for one's own death by suicide (e.g. giving things away, writing a suicide note). ***Have you (EVER/IN THE PAST MONTH) taken any steps toward making a suicide attempt or preparing to kill yourself (such as collecting pills, getting a gun, giving valuables away or writing a suicide note)?*** | | | |  |
| LIFETIME | PAST MONTH | LIFETIME | PAST MONTH |  |
|  |  | Yes □ No □   Total # of Acts  \_\_\_\_\_ | Yes □ No □   Total # of Acts  \_\_\_\_\_ |  |
| **Suicidal Behavior:** Suicidal behavior was present during the assessment period? | | LIFETIME | PAST MONTH |  |
| Yes □ No □ | Yes □ No □ |  |
|  |
|  |
| **Answer for Actual Attempts Only** | | Most Recent Attempt | Most Lethal Attempt | Initial/ First Attempt |
| **Date of each Attempt:** | |  |  |  |
| **Actual Lethality/Medical Damage:**  Determine level of actual or potential lethality of attempt(s) recorded above.  ***What happened?***  ***Where there any injuries or physical damage? If yes, please describe. (Ex. If there was a cut, did it require a Band-aid or stiches? Did it bleed a lot or a little?***  ***Was medical attention needed or sought? Describe treatment received and who provided it.***  0. No physical damage or very minor physical damage (e.g. surface scratches). 1. Minor physical damage (e.g. lethargic speech; first degree burns; mild bleeding; sprains). 2. Moderate physical damage; *medical* attention needed (e.g. conscious but sleepy, somewhat responsive; second degree burns; bleeding of major vessel). 3. Moderately severe physical damage; medical hospitalization and likely intensive care required (e.g. comatose with reflexes intact; third-degree burns less than 20% of body; extensive blood loss but can recover; major fractures). 4. Severe physical damage; *medical* hospitalization with intensive care required (e.g. comatose without reflexes; third-degree burns over 20% of body; extensive blood loss with unstable vital signs; major damage to a vital area). 5. Death | | Enter Code  \_\_\_\_\_\_\_ | Enter Code  \_\_\_\_\_\_\_\_ | Enter Code  \_\_\_\_\_\_\_ |
| **Potential Lethality : Only Answer if Actual Lethality= 0)** Likely lethality of actual attempt if no medical damage (the following examples, while having no actual medical damage, had potential for very serious lethality: put gun in mouth and pulled the trigger but gun fails to fire so no medical damage; laying on train tracks with oncoming train but pulled away before run over). 0= Behavior not likely to result in injury 1= Behavior likely to result in injury but not likely to cause death  2= Behavior likely to result in death despite available medical care | | Enter Code  \_\_\_\_\_\_\_ | Enter Code  \_\_\_\_\_\_\_\_ | Enter Code  \_\_\_\_\_\_ |